

Allergen Advice

Issue 1 December 2014

To assist customers and comply with new allergen requirements for caterers we have detailed allergens present in our published menus. The following list will be updated as menus or suppliers change.

Naturally if any of our customers have specific needs or require further advice please contact us on 01753 827350, as we can often provide alternative menus for guests with specific allergies.

Effective from 13th December 2014

We are working from guidelines provided by our local authority as published http://www.rbwm.gov.uk/web/eh_services_food.htm where they have identified 14 allergens:

Fish, Crustaceans, Molluscs, Nuts, Peanuts, Milk, Eggs, Soybeans, Celery (including celeriac), Mustard, Sesame seeds, Lupin, Sulphur dioxide (also known as sulphites), Cereals containing gluten (wheat, rye, barley, oats, spelt, kamut).

| MENU AS PUBLISHED | POTENTIAL ALLERGEN |
|--|---|
| Executive Breakfast Freshly baked rolls with hot bacon and sausages Freshly baked croissants Butter and preserves Selection of Danish pastries Orange juice | Nuts, Peanuts, Milk, Eggs, Sesame seeds, Sulphates, Gluten |
| Sandwich Lunch Two rounds of deep filled sandwiches in a variety of breads garnished with crisps Fresh fruit platter | Fish, Crustaceans, Nuts, Peanuts, Milk, Egg, Mustard, Sesame seeds, Gluten |
| Working Lunch One and a half rounds of deep filled sandwiches, Butterfly breaded prawns, Mini savoury quiche Skewered chicken tikka, Vegetable samosas, Fresh fruit platter | Fish, Crustaceans, Nuts, Peanuts, Milk, Egg, Mustard, Sesame seeds, Gluten, Celery |
| Best Choice Let our Chef choose for you To include: Sandwiches 4 savoury items, Fruit or cake | Fish, Crustaceans, Nuts, Peanuts, Milk, Egg, Mustard, Sesame seeds, Gluten, Sulphates |
| Haymarket A selection of savoury wraps Mini Thai fishcakes with sweet chilli sauce, Mini chicken, lime & coriander kebabs, Greek style vegetable parcels, Savoury Indian selection Assorted cheese platter with cheese biscuits & olives, Mini danish pastries | Fish, Crustaceans, Molluscs, Nuts, Peanuts, Milk, Sesame seeds, Gluten, Sulphates, Egg, Mustard, Celery |
| Mayfair Cajun chicken wraps, Ciabatta rolls Cumberland sausages with honey & dijon mustard, Marinated prawn skewers, Thai vegetable money bags Cheese and onion quiche Wings of fire, Fresh fruit platter | Fish, Crustaceans, Nuts, Peanuts, Milk, Egg, Mustard, Sesame seeds, Gluten, Celery, Sulphates |

| MENU AS PUBLISHED | POTENTIAL ALLERGEN |
|---|--|
| Strand Assorted gourmet sandwiches Lemon and pepper chicken fillets Crispy prawn bites Mexican platter with tortilla chips Sausage rolls Vegetarian parcels Cheese and ham turnovers Coffee & walnut cake Fresh fruit platter | Fish, Crustaceans, Soy beans, Nuts, Peanuts, Milk, Sesame seeds, Gluten, Sulphates, Egg, Mustard, Celery |
| Hearty Ploughmans Buffet Crusty French bread with butter Hunks of finest English Cheddar cheese, Pork pie and Scotch egg segments, Whole tomatoes Large spiced pickled onions along with gherkins, piccalilli and Branston pickle, Slices of honey roast ham Mixed leaf salad with apple slices Coleslaw, Individual fruit pies for dessert | Milk, Eggs, Sesame Seeds, Sulphate, Gluten, Mustard, Celery |
| Selection of English & Continental Cheeses, With grapes, celery, dried fruits, nuts & Cheese biscuits | Nuts, Peanuts, Milk, Eggs, Celery, Sulphates, Gluten |
| Cakes and Pastries Banana cake St. Clements cake Chocolate fudge cake Carrot cake Coffee cake Cup cakes Fruit tartlets | Nuts, Peanuts, Milk, Eggs, Sulphates, Gluten |